La Patisserie FOOD ALLERGIES (January 2021)

PLEASE NOTE THAT OUR BAKERY AND KITCHENS HANDLE THE MAJORITY OF THE 14 COMMON ALLERGEN INGREDIENTS AND DESPITE ALL REASONABLE PRECAUTIONS BEING TAKEN TO PREVENT CROSS CONTAMINATION THERE MAY BE UNAVOIDABLE TRACES OF ALLERGEN INGREDIENTS IN ANY PRODUCT.

	Gluten	Eggs	Dairy/ milk	Nuts	Soya	Sesame seeds	Mustar d	Fish	Shelfis h	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanut s
					VIEN	NOISERIE	S/CAKES	PASTRIE	S					
Almond bite	Gluten	Eggs	Dairy/ milk	Almond										
Almond cream	Gluten	Eggs	Dairy/ milk	Almond										
Almond croissant	Gluten	Eggs	Dairy/ milk	Almond										
Almond tuile		Eggs	Dairy/ milk	Almond										
Apple tart	Gluten	Eggs	Dairy/ milk	Almond										
Apple turnover	Gluten	Eggs	Dairy/ milk											
Apricot tart	Gluten	Eggs	Dairy/ milk	Almond										
Berry or Rhubarb crumble	Gluten	Eggs	Dairy/ milk	Almond Hazelnu t										
Bostock	Gluten	Eggs	Dairy/ milk	Almond	Soya									
Brioche	Gluten	Eggs	Dairy/ milk											
Brownie salted caramel from Real Patisserie		Eggs	Dairy		Soya									
Butter cream		Eggs	Dairy/ milk											

Canele	Gluten	Eggs	Dairy/ milk							
Carrot cake from BAKERY	Gluten	Eggs	Dairy/ milk	Almond Walnut Peanut						Peanut
Chocolate & almond cake		Eggs	Dairy/ milk	Almond	Soya					
Chocolate & pistachio delight		Eggs	Dairy/ milk	Almond Pistachi o	Soya					
Chocolate almond croissant	Gluten	Eggs	Dairy/ milk	Almond	Soya					
Chocolate & pear from BAKERY	Gluten	Eggs			Soya					
Chocolate & raspberry vegan cake from BAKERY				Coconut	Soya					
Chocolate croquant	Gluten	Eggs	Dairy/ milk	Almond Hazelnu	Soya					
Chocolate éclair	Gluten	Eggs	Dairy/ milk	•	Soya					
Chocolate moelleux	Gluten	Eggs	Dairy/ milk		Soya					
Chocolate puffed rice & almond tuile	Barley		Dairy/ milk	Almond	Soya					
Cinnamon swirl	Gluten	Eggs	Dairy/ milk							
Coffee & walnut cake from BAKERY	Gluten	Eggs	Dairy/ milk	Walnut						

Croissant	Gluten	Eggs	Dairy/							
			milk	111						
Dacquoise	Gluten	Eggs	Dairy/ milk	Hazelnu t	Soya					
Flan	Gluten	Eggs	Dairy/ milk							
Flapjack date & orange from BAKERY	Cereals containi ng gluten			Coconut						
Florentin			Dairy/	Almond	Soya					
Fraisier	Gluten	Eggs	Dairy/ milk							
Framboisier	Gluten	Eggs	Dairy/ milk							
Fruit danish	Gluten	Eggs	Dairy/ milk							
Galette des rois (Kings cake)	Gluten	Eggs	Dairy/ milk	Almond						
Gingerbread man	Gluten	Eggs	Dairy/ milk							
Krumchy	Gluten	Eggs	Dairy	Hazelnu t	Soya					
Lemon drizzle	Gluten				Soya					
Lime & mango	Gluten	Eggs	Dairy/ milk	Almond						
Macaron	Gluten in salted caramel	Eggs	Dairy/ milk	Almond	Soya in chocolat e and passion fruit/ chocolat e					
Millefeuille	Gluten	Eggs	Dairy/ milk		Soya					

Opera	Gluten	Eggs	Dairy/ milk		Soya					
Pain	Gluten	Eggs	Dairy/		Soya					
Pain raisins	Gluten	Eggs	Dairy/ milk							
Passion fruit & Jasmine tart	Gluten	Eggs	Dairy/ milk	Almond in macaro n						
Pastry cream		Eggs	Dairy/ milk		Soya in chocolat e pastry cream					
Pear & chocolate tart	Gluten	Eggs	Dairy/ milk	Almond	Soya					
Pecan & maple tart	Gluten	Eggs	Dairy/ milk	Pecan						
Plum tart	Gluten	Eggs	Dairy/ milk	Almond						
Praline religieuse	Gluten	Eggs	Dairy/ milk	Almond Hazelnu t						
Rasbperry tart	Gluten	Eggs	Dairy/ milk	Almond						
Raspberry & pistachio bite	Gluten	Eggs	Dairy/ milk	Almond Pistachi o						
Raspberry lunette	Gluten	Eggs	Dairy/ milk							
Raspberry mousse		Eggs	Dairy/ milk	Almond in macaro n & Pistachi o						

Spelt digestive	Gluten		Dairy/ milk		Soya									
Strawberry tart	Gluten	Eggs	Dairy/ milk	Almond										
Sunny lemon tart	Gluten	Eggs	Dairy/ milk											
Sweet paste	Gluten	Eggs	Dairy/ milk											
Three chocolates	Gluten	Eggs	Dairy/ milk		Soya									
Tiramisu	Gluten	Eggs	Dairy/ milk											
Tunisian orange cake from BAKERY	Gluten	Eggs		Almond	Soya									
Vanilla/pear/ mascarpone	Gluten	Eggs	Dairy/ milk	Almond in macaro n	Soya									
Victoria sponge from BAKERY	Gluten	Eggs	Dairy/ milk											
Waffle	Gluten	Eggs	Dairy/ milk											
						Е	READ							
	Gluten	Eggs	Dairy/ milk	Nuts	Soya	Sesame seeds	Mustar d	Fish	Shelfis h	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanut s
Chewy brown	Wheat & Rye	POS	SIBLE TF	RACE SOY	'A AND PI	RODUCTS				DUCTS T	HEREOF,	WALNUT	s, almon	NDS,
Chewy white	Gluten		SESAME SEEDS											
Ciabatta	ye				Covia	DOCCII			\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	OC 14/41	NILITO AL	MONDO		OFFD0
Fjord	Gluten				Soya	PUSSII	BLE IKA(JE WILK A	AND THEF	KUF, WAL	INU I S, AL	MONDS,	SESAIVIE	SEEDS

Focaccia garlic & cheese Focaccia	Gluten	POS	SIBLE TR	RACE SOY	'A AND PI	RODUCTS	STHEREO	DF. MILK /	AND PRO	DUCTS T	HEREOF.	WALNUT	S. ALMON	NDS.
garlic & salt	Gluten							SAME SEI					o, /	0,
French cob	Gluten													
French stick	Gluten													
Multicereal baguette	Wheat, Rye & Barley					Sesame seeds								
Multicereals	Gluten					Sesame seeds						S THERE ONDS, SE	,	
Pumpkin seeds & rye	Gluten	POS	SIBLE TR	RACE SOY	'a and Pi	RODUCTS	SES	SAME SEI	EDS			WALNUT	•	·
Rustic sungrain	Gluten				Soya	Sesame seeds	POS					S THEREO	•	AND
Rye sourdough	Gluten		Goya seeds PRODUCTS THEREOF, WALNUTS, ALMONDS											
Sliced lightgrain	Gluten	POS	POSSIBLE TRACE SOYA AND PRODUCTS THEREOF, MILK AND PRODUCTS THEREOF, WALNUTS, ALMONDS,											
Sliced white	Gluten						SES	SAME SEI	EDS					
Spelt	Gluten													
Stonegroun d sourdough	Gluten													
Walnut & rye	Gluten			Walnut	POSSIE	BLE TRAC	E SOYA A		DUCTS TI ONDS, SE			ND PRODI	JCTS THI	EREOF,
Wheat sourdough	Gluten	POS	SIBLE TR	RACE SOY	'A AND PI	RODUCTS		•		DUCTS T	HEREOF,	WALNUT	s, almon	NDS,
Wholemeal	Gluten		SESAME SEEDS											
			SAVOURIES											
	Gluten	Eggs	Dairy/ milk	Nuts	Soya	Sesame seeds	Mustar d	Fish	Shelfis h	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanut s
Beef sausage roll	Gluten	Eggs	Dairy/ milk											

Cheesestra w	Gluten	Eggs	Dairy/ milk						
Ham & cheese croque	Gluten		Dairy/ milk						
Onion or goats cheese & roasted pepper croque	Gluten		Dairy/ milk						
Pie chicken	Gluten	Eggs	Dairy/ milk						
Pie Ham & potato	Gluten	Eggs	Dairy/ milk						
Quiche goat's cheese, beetroot & butternut squash	Gluten	Eggs	Dairy/ milk						
Quiche leek, parmesan & ham	Gluten	Eggs	Dairy/ milk						
Quiche lorraine	Gluten	Eggs	Dairy/ milk						
Quiche mushroom & gruyere	Gluten	Eggs	Dairy/ milk						
Quiche salmon & broccoli	Gluten	Eggs	Dairy/ milk			Fish			
Quiche spinach, feta & pinenuts	Gluten	Eggs	Dairy/ milk	Pine nuts					

Quiche tomato, basil & mozzarella	Gluten	Eggs	Dairy/ milk											
Savoury danish	Gluten	Eggs	Dairy/ milk											
Spinach & ricotta puff	Gluten	Eggs	Dairy/ milk											
Vegan sausage roll	Gluten	Eggs	Dairy/ milk		Soya									
					SAND	WICHES	ON FREN	ICH STIC	K					
	Gluten	Eggs	Dairy/ milk	Nuts	Soya	Sesame seeds	Mustar d	Fish	Shellfis h	Celery	Lupin	Sulphur dioxide (e220)	Maize	Peanut s
Brie & bacon	Gluten		Dairy/ milk				Mustard							
Chicken & bacon	Gluten	Eggs					Mustard							
Chicken liver pate	Gluten		Dairy/ milk			Sesame seeds	Mustard							
Egg & bacon	Gluten	Eggs					Mustard							
Egg & cress	Gluten	Eggs					Mustard							
Goat's cheese & roasted veg.	Gluten		Dairy/ milk			Sesame seeds	Mustard							
Gruyere & red onion	Gluten		Dairy/ milk				Mustard							
Ham & gruyere	Gluten		Dairy/ milk				Mustard							
Houmous & roasted veg.	Gluten					Sesame seeds	Mustard							
Pastrami	Gluten		Dairy/ milk				Mustard							
Prawn cocktail	Gluten	Eggs					Mustard		Shellfish					
Tuna sweetcorn	Gluten	Eggs					Mustard							

			_	SANDW	ICHES ON	SLICED	LIGHTGE	RAIN		_		
Chicken & bacon	Gluten	Eggs				Mustard						
Chicken liver pate	Gluten		Dairy/ milk		Sesame seeds	Mustard						
Egg & cress Ham &	Gluten	Eggs				Mustard						
Ham & gruyere	Gluten		Dairy/ milk			Mustard						
Pastrami	Gluten		Dairy/ milk			Mustard						
Tuna sweetcorn	Gluten	Eggs				Mustard						
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